NURSERY MENU WEEK 2 – 27TH OCTOBER 2025

Allergy Key: Gluten/wheat, Egg, Soya, Dairy, Fish, Mustard, Celery, Lupin , Peanuts/Other Nuts , Molluscs, Crustaceans Sulphur Dioxide/Sulphites>10ppm

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (Age Dependent Raisins)	**Selection of Cereals served with toast** Bread: Wheat & Soya, Margarine, Rice Snaps, Cornflakes: Barley Weetabix: Wheat & Barley, Milk	**Selection of Cereals served with apples/pears** Rice Snaps, Cornflakes: Barley Weetabix: Wheat & Barley Milk, Apples, Pears	**Selection of Cereals served with toast** Bread: Wheat & Soya, Margarine, Rice Snaps, Cornflakes: Barley Weetabix: Wheat & Barley, Milk	**Selection of Cereals served with raisins** Rice Snaps, Cornflakes: Barley Weetabix: Wheat & Barley Milk, Apples, raisins	**Selection of Cereals served with toast** Bread: Wheat & Soya, Margarine, Rice Snaps, Cornflakes: Barley Weetabix: Wheat & Barley, Milk
Lunch Main Dish	**Sausage, leek and bean casserole with sliced potato, mixed vegetables and green beans**	**Chicken Curry served with Rice**	**Jacket potato with cheese and beans**	**Spaghetti Bolognaise served with grated cheese**	**Minced lamb and chickpea tagine with steamed white rice**
Lunch Main Dish Ingredients	Pork Sausages: Wheat Soya Sulphides. Mixed beans, Onion, garlic, swede, leek, carrot, mixed herbs, onion powder, tomato powder, sage, leeks, Potatoes, green beans, Carrot, Peas, Green Beans, Sweetcorn, Broad Beans.	Mild Curry Sauce, Curry Powder, Garlic, Chicken, Onion, tomatoes, Mixed Vegetables (peas, green beans, carrots, sweetcorn, cauliflower, broccoli), White Rice	Baked Potatoes, Mozzarella Cheese, Cheddar Cheese Baked beans: Beans in a tomato sauce	Minced Beef, Tomatoes, Onion, Paprika, Garlic, Mild Chilli powder, passata, Mixed Vegetables (Green beans, Peas, Carrots, Sweetcorn, Broccoli, Cauliflower) Italian Herbs, Spaghetti Pasta, Cheddar Cheese	Lamb, onion, garlic, tomato, chickpea, peppers, sweet potato, butternut squash, courgette, leeks, apricots, spices, turmeric, coriander
Vegetarian/Alternative Options	**Vegetarian Sausage, leek and bean casserole with sliced potato, mixed vegetables and green beans** Vegetarian Sausages: Wheat Mixed beans, Onion, garlic, swede, leek, carrot, mixed herbs, onion powder, tomato powder, sage, leeks, Potatoes, green beans, Carrot, Peas, Green Beans, Sweetcorn, Broad Beans	**Vegetarian Chicken Piece Curry served with boiled rice** Meat Free Chicken Pieces, Mixed Vegetables, Curry Powder, Garlic, tomatoes, Onion (peas, green beans, carrots, sweetcorn, cauliflower, broccoli) Mild Curry sauce White Rice	**Jacket potato with cheese and beans** Baked Potatoes, Mozzarella Cheese, Cheddar Cheese Baked beans: Beans in a tomato sauce	**Vegetarian Bolognaise** Vegetarian Mince, Soya, Egg, Wheat Tomatoes, Onion, Paprika, Garlic, Mild Chilli powder, passata, Italian Herbs, Mixed Vegetables (Green beans, Peas, Carrots, Sweetcorn, Broccoli, Cauliflower) Spaghetti Pasta, Cheddar Cheese	**Vegetable and chickpea tagine with steamed white rice** Tomato, chickpea, onion, garlic, peppers, sweet potato, butternut squash, courgette, leeks, apricots, cumin, turmeric, coriander
Lunch Side Dish	**Whole Seasonal fruit**	**Whole Seasonal Fruit**	**Melon Slices**	**Yoghurts**	**Winter vegetable soup**
Dessert Ingredients	Bananas, apples, satsumas, pears, plums	Bananas, apples, satsumas, pears, plums	Melon Slices	Containing Milk, Cream	Parsnip, carrot, swede, broccoli, peas, spinach, onion, garlic, fresh sage
Afternoon Snack Please note children will still require an evening	**Bagels with Soft Cream Cheese with a selection of apple & pears**	**Pancakes & Raisins**	**Spaghetti and toast**	**Chicken and Cheese Sandwiches with cucumber**	**Fruit Loaf with apples/ oranges/plums**

meal as tea is served at 3.30pm					
Afternoon Snack Ingredients	Bagels: **Wheat**, **(May Contain Sesame: Peanuts/Other Nuts)** Cream Cheese: **Milk** Apples, Pears	Pancakes: **Wheat**, **Egg**, **Milk** Raisins	Wholemeal & White Bread: **Wheat**, **Soya**, Dairy free spread, Spaghetti: **Wheat**	Wholemeal & White Bread: **Wheat**, **Soya**, Dairy free spread, Chicken, **Cheddar Cheese**, cucumber	Fruit loaf:(**Wheat/Gluten**, **Soya**, **Dairy)**, Dairy free spread Apples/oranges/plums
Allergies	**Alternatives will be served for children with allergies including the use of Dairy free Butter, No nuts, No egg/ Gluten free**	**Alternatives will be served for children with allergies including the use of Dairy free Butter, No nuts, No egg/ Gluten free**	**Alternatives will be served for children with allergies including the use of Dairy free Butter, No nuts, No egg/ Gluten free**	**Alternatives will be served for children with allergies including the use of Dairy free Butter, No nuts, No egg/ Gluten free**	**Alternatives will be served for children with allergies including the use of Dairy free Butter, No nuts, No egg/ Gluten free**
Babies	**Under 16 months served a hot afternoon snack**	**Under 16 months served a hot afternoon snack**	**Under 16 months served a hot afternoon snack**	**Under 16 months served a hot afternoon snack**	**Under 16 months served a hot afternoon snack**